

Name: \_\_\_\_\_

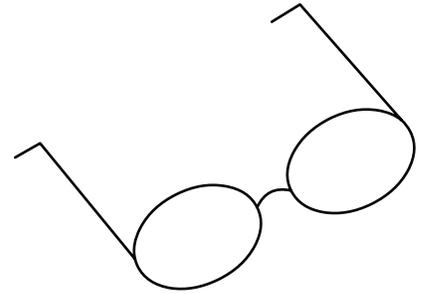
Date: \_\_\_\_\_

# I Wear Glasses

I wear glasses every day.

I wear glasses when I am reading.

I wear glasses all the time, even when I am playing.



I wear glasses when I use the computer.

I wear glasses when I am writing.

I wear glasses when I am playing the piano.

You have an eye test at the optometrist to see if you need glasses. You look through lots of funny machines.

Then you pick the frames you like. I chose these because they are pink.

My glasses will be ready tomorrow.

Did you know?

Someone who is "shortsighted" can see things clearly close up but need glasses for long distances. They will wear glasses all day.

Someone who is "longsighted" can clearly see things far away but need glasses to see things close up. They might need to wear glasses just for reading or using the computer.

Some people need bifocal lenses to see better both in the distance and close up.

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Answer these questions.

1) Who do you see if you need your eyes checked?

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2) Why do you think some people only need to wear glasses when they are reading?

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3) How do you know if you need glasses?

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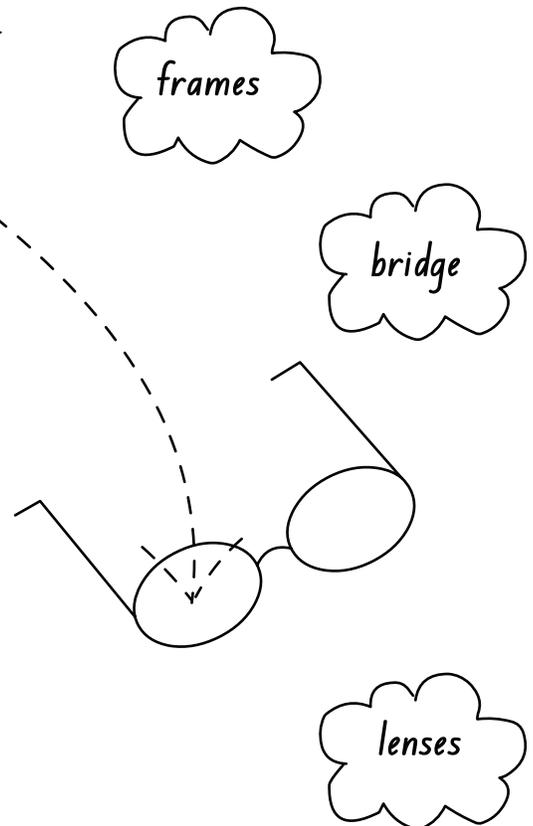
#### Parts of the Glasses

Write the missing word and match the description to the picture.

The parts you look through are called the \_\_\_\_\_

The part that holds the glass parts in place is called the \_\_\_\_\_

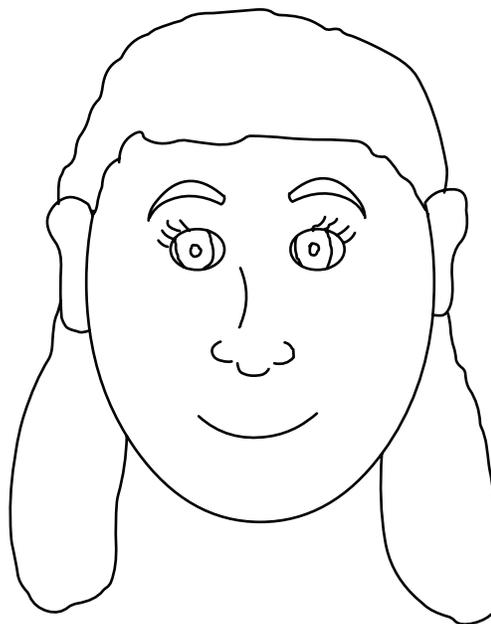
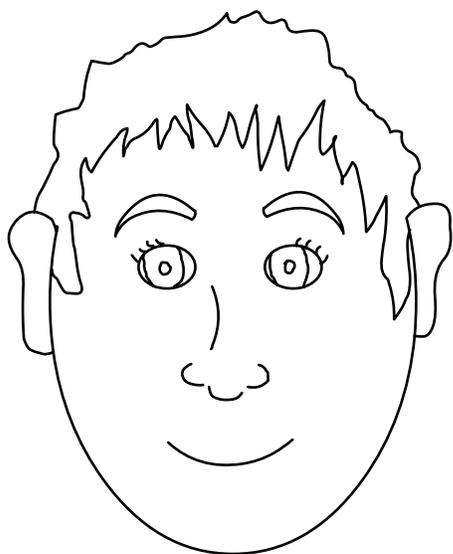
The part that sits over your nose is called the \_\_\_\_\_



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My sister and I have lost our glasses. Draw them on us please!



Write words that make sense in the spaces in the text.

I only wear glasses \_\_\_\_\_  
I am reading. I don't need to  
wear \_\_\_\_\_ all day. I can  
\_\_\_\_\_ things clearly in the  
distance without glasses. When I  
look at things close up,  
they look \_\_\_\_\_ without  
my glasses. I love \_\_\_\_\_  
my glasses!

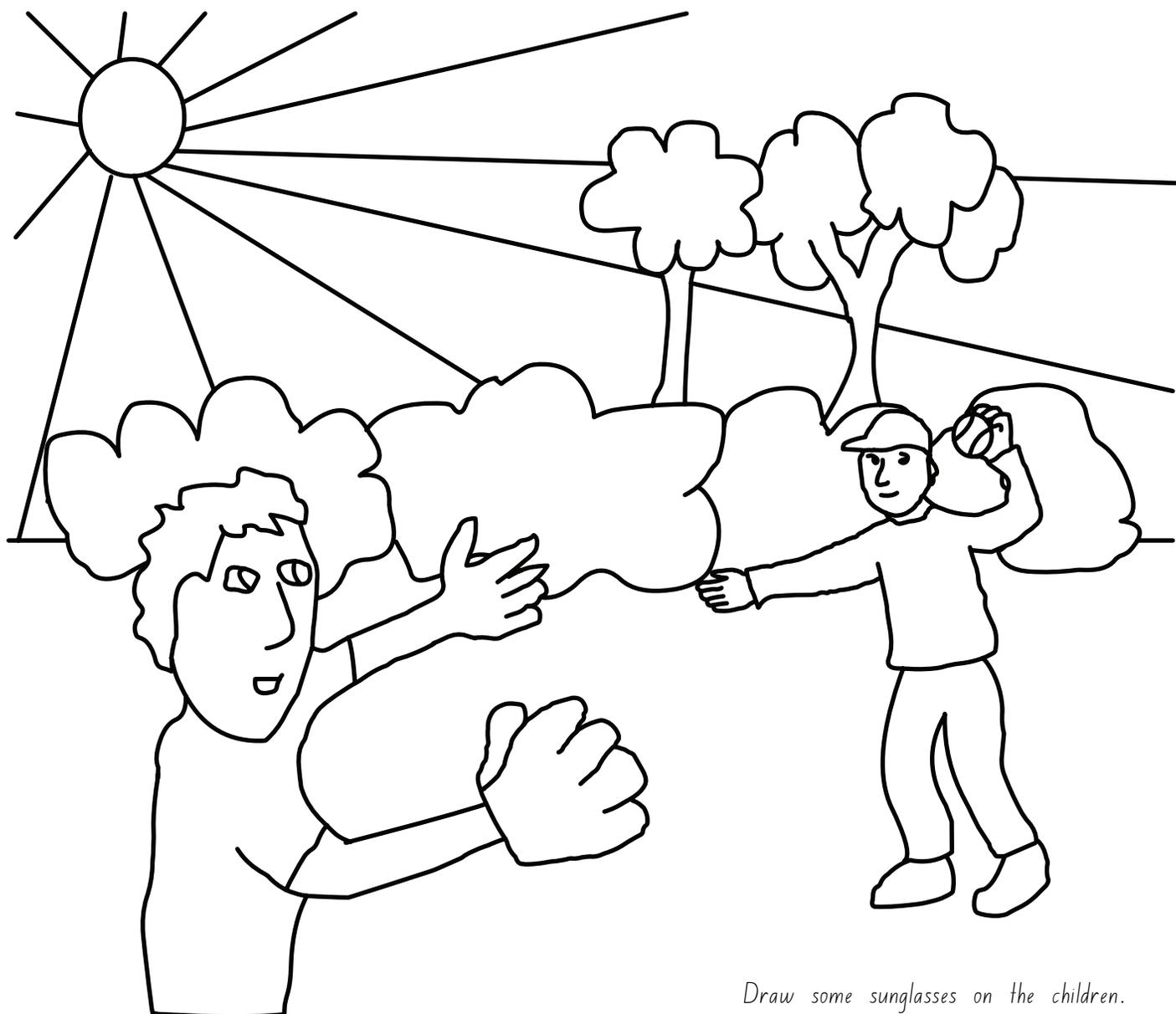


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*Wearing Sunglasses*

Sunlight has UVA and UVB rays that can damage your eye over many years. Sunglasses provide protection from the rays of the \_\_\_\_\_ . Everybody should wear \_\_\_\_\_ when outside between 10am and 2pm.



*Draw some sunglasses on the children.*