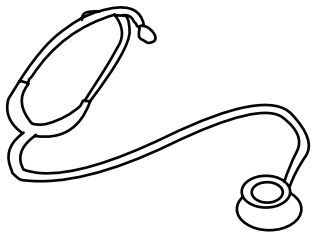


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# A Visit To The Doctor



Hi, I'm Dr Cindy Miller. I'm going to check your health today.

First, I'm going to look in your ears. This is an otoscope. It will shine a light into your ear so I can see.

Now I'm going to listen to your lungs and heart using a stethoscope like this. The chest piece is a bit cold isn't it!

Now I will feel your pulse and count your heart beats.

Next, I'm going to measure your blood pressure using this special cuff. I wrap it around your arm like this then the cuff will fill with air for a moment. I listen with my stethoscope as the blood moves through the arteries inside your arm.

Last of all I will look at your eyes and your throat. Say ahhhh!

Great! You are very healthy. I'll see you again at your next check up.

When did you last visit the doctor. What happened?

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Draw a picture of your visit



Name: \_\_\_\_\_

Date: \_\_\_\_\_

Answer these questions.

1) What is the doctor's name?

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2) Why did the girl go to see her?

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3) What instrument did she use to look in the girl's ears?

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4) How did the doctor listen to the girl's lungs and heart?

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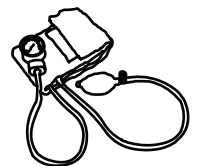
5) Which body part is the blood pressure cuff put on?

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Draw a line from the instrument to the description of its use.

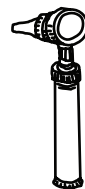
Used to see inside the ear canal.

blood pressure cuff



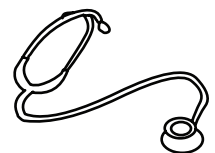
Used for listening to heart and lungs.

otoscope



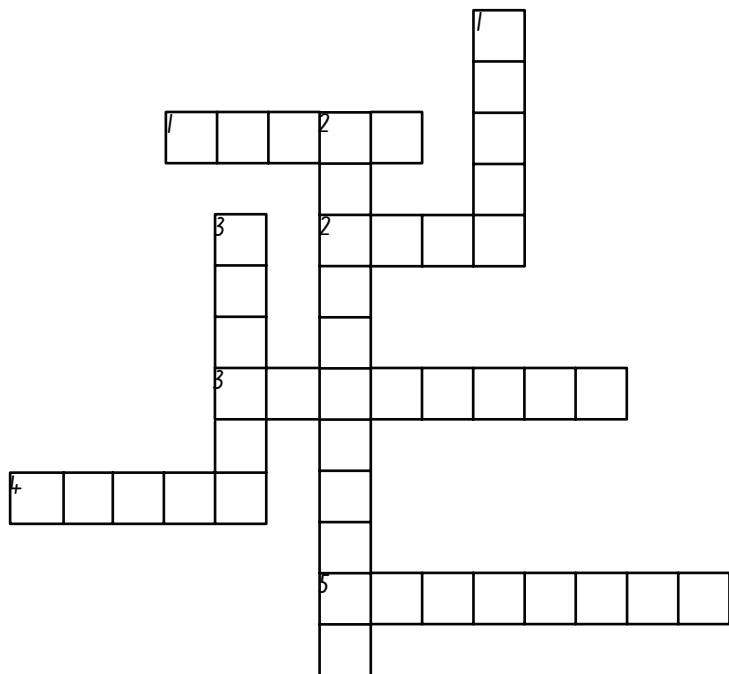
Used for checking blood pressure.

stethoscope



Name: \_\_\_\_\_

Date: \_\_\_\_\_



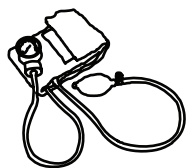
Clues Across:

- 1) You can feel this with your fingers at your wrist.
- 2) Body parts you use to see with.
- 3) This medical tool has a light that shines into your ear.
- 4) You can feel this beating in your chest.
- 5) Doctors measure your blood \_\_\_\_\_ with a special cuff.

Clues Down:

- 1) You breathe with this body part.
- 2) Doctors listen to your heart and lungs with a \_\_\_\_\_.
- 3) It is hard to swallow when this is sore.

Explain how the doctor uses these tools.



A Blood Pressure Cuff

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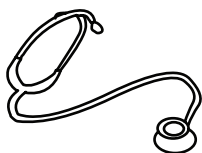
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An otoscope

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A stethoscope

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Name: \_\_\_\_\_

Date: \_\_\_\_\_

## The Health Checkup

Doctors check to make sure that children are growing properly and are healthy. They check your heart, lungs, ears and eyes. Doctors also measure how tall you are and how much you weigh.

Your \_\_\_\_\_ is measured when you stand in front of the measuring chart on the wall.

Your \_\_\_\_\_ is measured when you stand on the scales.

Draw yourself being measured

### Measure Yourself!

You will need:

- a measuring tape,
- a book
- a set of bathroom scales.
- a friend to help.

Measure your height.

- 1) \_\_\_\_\_ with your back against the wall.
- 2) \_\_\_\_\_ the book on top of your head.
- 3) \_\_\_\_\_ your friend to hold the book against the wall, level with the top of your head.
- 4) \_\_\_\_\_ the distance from the floor to the book using the tape measure.

Measure your weight:

- 1) \_\_\_\_\_ on the bathroom scales
- 2) \_\_\_\_\_ the numbers on the scales.

Write the missing verbs in the procedure.

~~balance~~ stand  
measure ask  
read stand

My name is

\_\_\_\_\_.

I am \_\_\_\_\_ years old.

I am \_\_\_\_\_ tall.

I weigh \_\_\_\_\_.