

# Making 'Me and My Shadow' Foil Sculptures

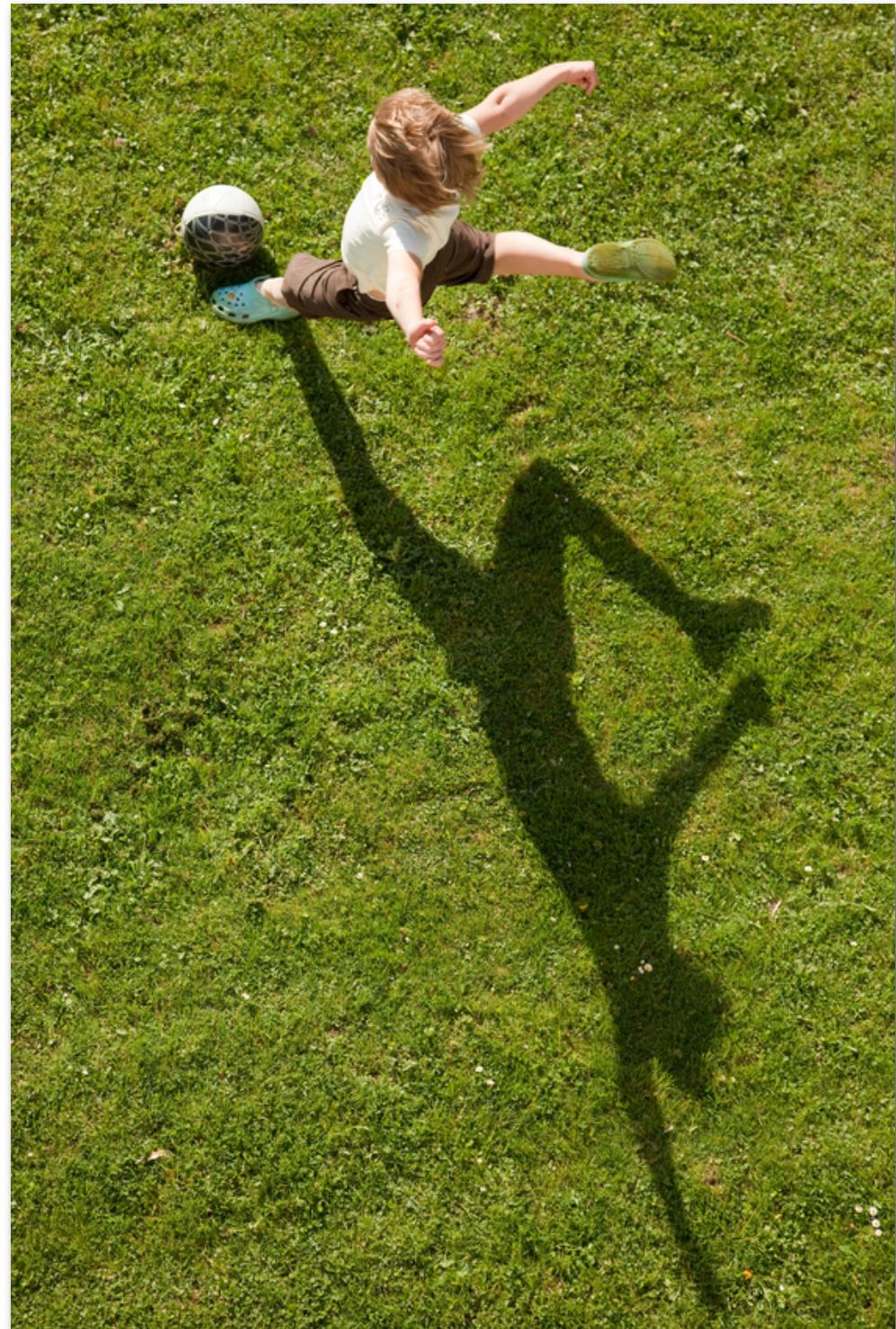
Study*ladder*



1) Go outside on a sunny day with a friend. Look at your shadows.

2) Experiment with making interesting shadows. Put your body in different positions.

3) Take turns to photograph your different poses.





4) Choose your most interesting photograph from your experiments.



5) Model a small sculpture of yourself using aluminium foil.



6) Stick the model onto a card. Draw the shape of the shadow on the card and use a black marker to fill in the shape.

