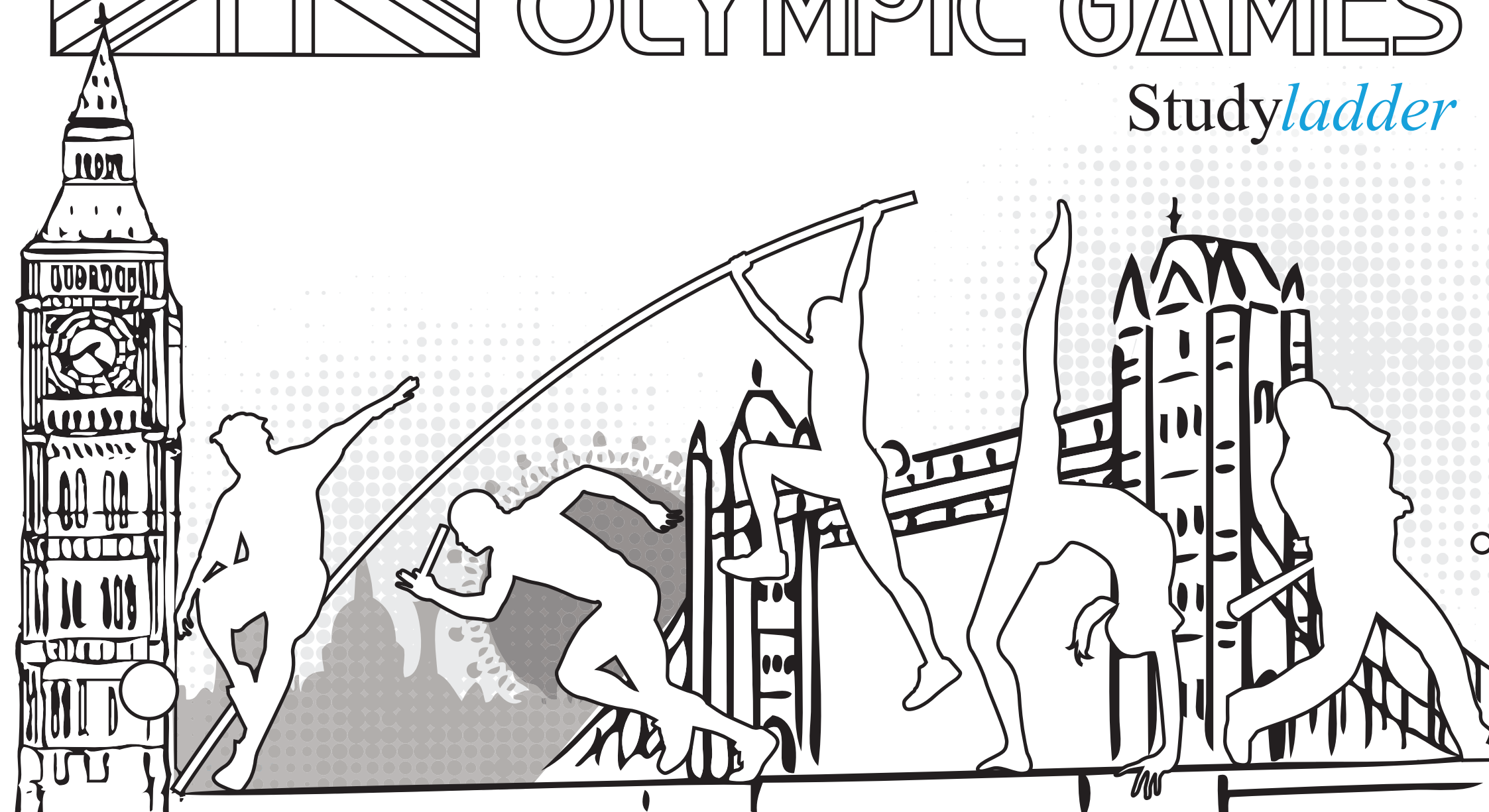
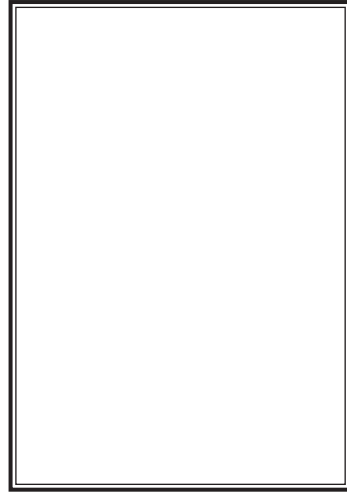


LONDON 2012 OLYMPIC GAMES

Study*ladder*



ABOUT ME



In 2012:

My height: _____ cm

I am in grade: _____

My teacher's name: _____

My school: _____

I like to eat: _____

I like to watch: _____

I like to play: _____

My friends are: _____

More about me: _____

The 2012 Olympic Games are in London.

Where is London? _____

This is a map of the United Kingdom and the Republic of Ireland:

1. Draw the borders and label the following countries on the map.

- a. England
- b. Wales
- c. Scotland
- d. Northern Ireland
- e. The Republic of Ireland

2. Label and name their capital cities.

3. Decorate the front page of this project.



The Summer Olympic Games

The Summer Olympic Games are held every four years. It is a major sporting event in which thousands of competitors from almost every nation in the world compete.

Originally, the ancient Olympic Games were held in Olympia, Greece from the 8th century BC to the 4th century AD. Then for 1500 years the Olympic Games weren't held until Baron Pierre de Coubertin founded the International Olympic Committee (IOC) in 1894.

The Olympic Games have taken place every four years since 1894, except for when World Wars I and II led to the cancellation of the 1916, 1940 and 1944 games.

The decision-making body for the games is the International Olympic Committee (IOC). The IOC is responsible for choosing the host city for each Olympic Games. London is hosting the Olympic Games in 2012.

More than 10,000 athletes from 205 nations will compete in over 300 events during the London Olympic Games. The top three athletes in each event receive Olympic medals; gold for first place, silver for second place and bronze for third place.

The Olympic Games are a remarkable event with so many memorable moments. It is an event where dreams are achieved and sporting heroes made.



Read the text 'The Summer Olympic Games' then answer these questions.

1. How often are the summer Olympic Games held?

2. In which three years did World Wars cause the cancellation of the Olympic Games?

3. What does IOC stand for?

4. What does the winner of each event receive?

5. Who founded the IOC in 1894?

6. In which country were the first Olympic Games (the ancient Olympics) held?

7. Approximately how many competitors will compete at the London Olympic Games?

The Olympic Flag

Research about the Olympic flag and then answer the following questions.

1. Who designed the Olympic flag? _____

2. In which year was the Olympic flag designed? _____

3. What do the five rings represent? _____

4. Why were yellow, black green, red and blue chosen for the rings? _____

5. Why are the rings interlocked? _____

Draw the Olympic flag.



Measuring

LONG JUMP

Do you have access to a long jump pit?
Measure three jumps and record your best.



How far can you jump? _____ m _____ cm

Next, use an appropriate measuring device to measure and mark the current world long jump records (men & women).

Compare the distance you jumped to the world record distance.

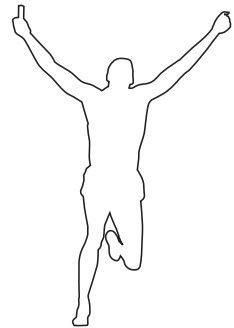
Current world records: Men 8.95m; Women 7.52m

What's the difference between your jump and the world record? _____

100m Sprint

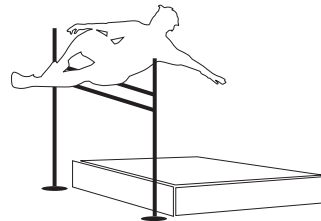
Race against the current world record.

Measure a 100m track (use a trundle wheel or step out the distance). Go to the start and ask someone to time your run with a stopwatch. When the time gets to approximately 9.58 seconds (boys) and 10.49 seconds (girls) stop running. The holder of the world record has already reached the finish line.



HIGH JUMP

Mark on a wall the heights of the current world records.
Current world records: mens 2.45m & women 2.09m.
Isn't it amazing that someone jumped over that height?



Want to see all the world records? Go to:

http://en.wikipedia.org/wiki/List_of_world_records_in_athletics

Menu for an athlete

Prepare a day's menu for an athlete competing at the London Olympic Games.

Create a day's balanced menu:

Breakfast:

Mid Morning Snack:

Lunch:

Afternoon Snack:

Dinner:

Sports Match

Match the pictures to the name of the event by drawing a line:

Equestrian



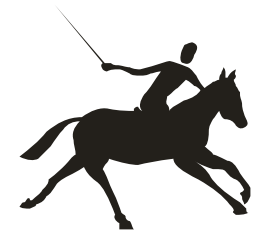
Badminton



Cycling



Swimming



Weightlifting



Fencing



Technology

Go to the official website for the London Olympic Games to answer the questions. www.london2012.com

1. Click on the schedule and results link.

What is the date of the women's mountain bike event?

2. Click on the sports link.

Which sport at the London Olympic Games starts with the letter 'J'?

3. Click on the athletes link.

What is the name of the Danish sailing legend who won four Olympic gold medals over his 40-year Games career?

4. Click on the countries link.

Which African country starting with 'K' is competing at the London Olympic Games?

5. Click on the spectators link.

About how many athletes will compete at the London Olympic Games?

a) 1,000 b) 2,500 c) 5,000 d) 10,500

Follow the London Olympic Games

Who won the gold medal in these events?

Men's 100m:

Name: _____ Time: _____

Women's 200m:

Name: _____ Time: _____

Men's long jump

Name: _____ Distance: _____

Women's high jump:

Name: _____ Height: _____

Men's 400m freestyle

Name: _____ Time: _____

Women's 100m butterfly

Name: _____ Time: _____

Which country won the gold medal in:

Men's basketball: _____

Women's hockey: _____

Men's waterpolo: _____

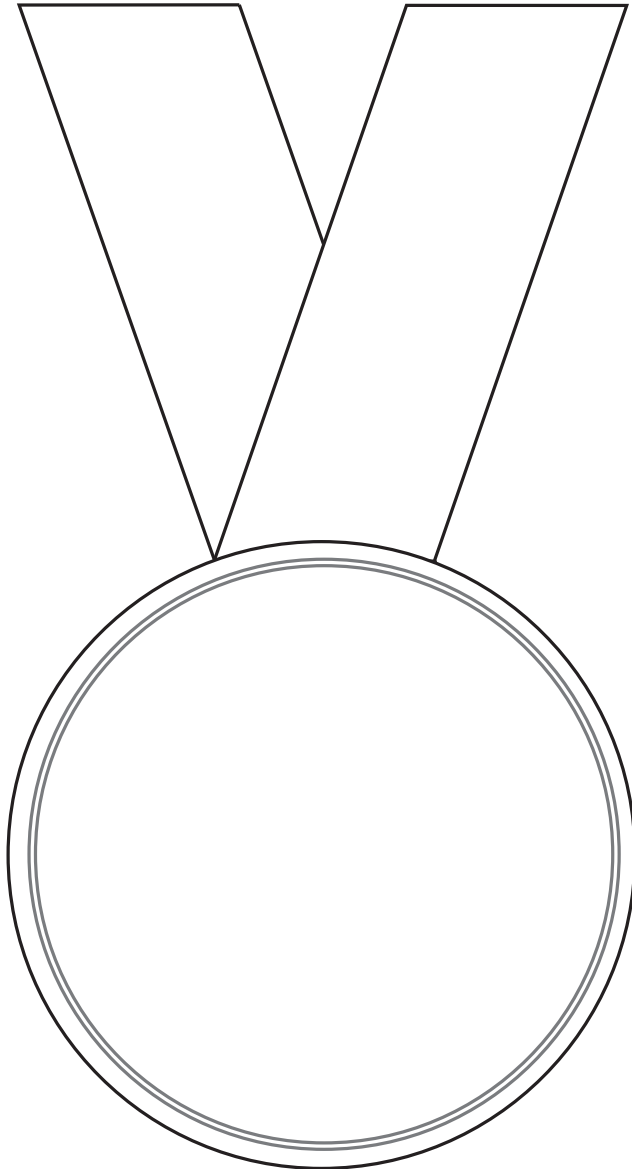
Women's volleyball: _____

Which country won the most gold medals? _____

How many gold medals did my country win in 2012 _____

Gold Medal

Design a gold medal for the London Olympic Games.



Scrap book:

Create a collage using images from the London Olympic Games.